

## 6<sup>th</sup> Grade Health : Topics, Learning Activities and Materials

In accordance with the requirements of the State of Oregon, the West Linn-Wilsonville School District School Board has adopted a Comprehensive Sexuality Education Program. Topics covered in Comprehensive Sexuality Education are based on the strands with standards related to prevention of control of disease, promotion of mental, social, and emotional health, promotion of sexual health, and violence and suicide prevention. The text used by students and the source of content for the standards and topics taught is *Comprehensive Health Skills for Middle School*, published by Goodheart-Willcox.

**The 2016 Health Standards that are addressed in the Sexuality Education part of 6<sup>th</sup> Grade Health are listed below, followed by a table that shows the topics, key class activities, and materials used. The entire Health course is shown in the outline and the Sexuality Education class sessions are highlighted. Materials used for instruction are available at your child's school; copyright guidelines prevent us from making proprietary materials from publishers available online.**

The Comprehensive Sexuality Education Plan for the West Linn-Wilsonville School District will be reviewed every two years. This plan describes the topics taught at each grade level, the materials used, and the key class activities. Parents and guardians will be invited to look at materials and provide input about curriculum and instruction as part of the process for reviewing the plan. Families will receive notification through school emails reminding them of the opportunity to review curriculum materials.

Although Comprehensive Sexuality Education Programs are designed to assist and support parents and guardians as they educate their children, some parents/guardians may choose to have their children participate in an individualized learning experience as an alternative to instruction of certain standards and have their children opt out of specific lessons. If you exercise your option to substitute your child's learning experience for any part of the Comprehensive Sexuality Education program, your child will spend that time outside the classroom, with supervision, working with other health curriculum topics. Your child's grade or course credit will not be affected if you exercise this option.

Please contact your child's Health/Wellness teacher if you have questions or concerns. You may also complete the opt-out form below and have your child return it to school or email it as an attachment to your child's health teacher. We look forward to working with you to provide learning about health for your child.

## 6<sup>th</sup> GRADE HEALTH SEXUALITY EDUCATION STANDARDS

### **Promotion of Mental, Social, and Emotional Health**

- Explain how to build and maintain healthy family, peer, and dating relationships.
- Describe law for reporting child abuse.
- Identify home, school and community resources for mental and emotional health concerns.
- Identify school and community resources for reporting child abuse.
- Demonstrate effective communication skills that encourage healthy relationships.
- Demonstrate appropriate ways to respect and include others who are different from you.
- Advocate respect for diversity.

### **Promotion of Sexual Health**

- Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape, and dating violence.
- Define STDs, HIV, Hepatitis B/C and how they are and are not transmitted.
- Describe the consequences of prejudice, discrimination, racism, sexism, and hate crimes.
- Explain how to promote safety, respect, awareness and acceptance.
- Advocate for school policies and programs that promote dignity and respect for all.
- Advocate for the promotion of empathy for individual differences.

### **Violence and Suicide Prevention**

- Describe the differences between physical, verbal, relational, sexual, and dating violence.
- Identify reporting process within school setting.
- Demonstrate effective ways to promote respect for self and others.
- Demonstrate a variety of clear communication skills to report dangerous situations.