



Junior Family College Night

Wilsonville High School
January 16, 2025



Introductions

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Agenda

- Preparing for Senior Year
- Exploration
- Research
- Naviance
- SAT/ACT
- Factors in College Admission Decisions
- Financial Aid/Scholarships
- Connect with Us!



Preparing for Senior Year

What to focus on this spring?



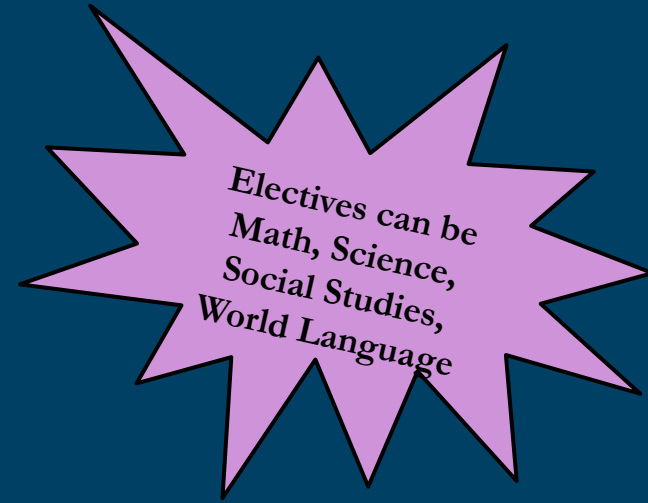
- **Grades:**
 - Continue to do the **BEST** that you can in your current classes
 - **Senior Course Planning:**
 - Review your transcript in StudentVUE
 - Plan for a strong senior schedule
 - **College/Career:**
 - Start thinking about life after high school
-

Graduation Requirements - Class of 2026

Department	Credits	Requirements
English Language Arts	4 credits	
Mathematics	3 credits	Algebra 1 and above
Science	3 credits	2 semesters Biological Lab Science 2 semesters Physical Lab Science
Social Science	3 credits	1 semester World History 2 semesters US History 1 semester of Civics
Health/PE	2 credits	2 semesters of Health 2 semesters of PE
Applied/Fine/Performing Arts or World Language	3 credits	Any one area OR in combination
Electives	6.5 credits	Any content area
College/Career Planning	1 credit	4 semesters (Life 103 and Life 104)
Personal Growth and Development	.5 credit	2 semesters (Life 102)
Total Credits	26.0 credits	

Senior Recommended Courses

Semester 1		Semester 2	
A Day	B Day	A Day	B Day
1- Lang Arts 12/AP Lit	5- Elective	1- Lang Arts 12/AP Lit	5- Elective
2- Social Studies	6- Life 104	2- Elective	6- Life 104
3- Elective	7- Elective	3- Elective	7- Elective
4- Elective	8- Elective	4- Elective	8- Elective



When choosing electives, think about:

- What classes do I need to graduate?
- What classes do I want to take?
- What classes should I take to support my post-secondary goals?

How To Read Your Credit Summary

Work in Progress
Classes that you are
taking this year

Graduation Requirements - Credit Summary				
Subject Area	Req'd	Comp	WIP	Need
LA-Language Arts	4.00	2.00	1.00	1.00
MATH-Mathematics	3.00	2.00	1.00	
LS-Life Science	1.00	1.00		
PS-Physical Science	1.00	1.00		
SCI-Science Selective	1.00	0.00	1.00	
WH-World History	0.50	0.50		
US-US History	1.00	1.00		
GO-Civics	0.50	0.00	0.50	
SOC-Social Studies	1.00	0.00	0.50	0.50
H1-Health 1	0.50	0.50		
H2-Health 2	0.50	0.00	0.50	
PE-PE Selective	1.00	0.00	0.50	0.50
CAWL-CTE/Arts/WL	3.00	3.00		
PG-Pers Grwth/Dev	0.50	0.50		
CC-College/Career Plan	1.00	0.00	0.50	0.50
EL-Electives	6.50	2.00	2.00	2.50
TOTALS	26.00	13.50	7.50	5.00

Need
Credits that you need
to graduate in each
content area

Totals
Total number of credits
you need to take in 12th
grade

Course Selection Timeline

- **February 6:**

- Juniors will attend an assembly in the PAC during Life class to review course selection information.
- Life 103 teachers will hand out the Course Request Form.

- **February 6-24:**

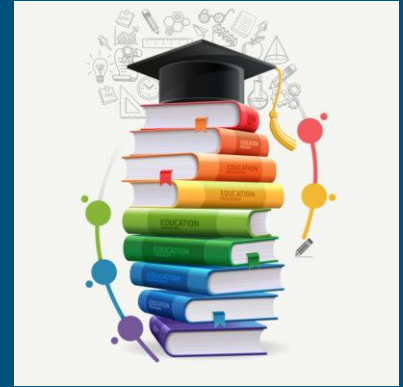
- Students will connect with teachers and their school counselor about their classes for next year and complete their Course Request Form.

- **February 25:**

- Students will submit their Course Request Form to their Life 103 teacher and will enter their course selections into StudentVUE during Life class.

Course Selection Preparation

- Review the [Curriculum Guide](#) - courses subject to change
- Meet with teachers to discuss level placements
- Meet with your school counselor to plan out senior year
- Be mindful of unique admission requirements
 - University of California System requires
 - 1-year of the same visual or performing arts course
 - 1-year of World History
 - University of Washington requires
 - 1 semester of a visual or performing arts course



Advanced Placement (AP) Courses

- WHS offers **26 different courses** that represent every content area
- Demonstrates to college admission officers that they have sought the most rigorous curriculum available
- Opportunity to earn college credit by passing the AP exam in May

Dual Credit or Advanced College Credit (ACC)

- Dual credit program with Clackamas Community College, Portland Community College, or Oregon Tech (OIT)
- Opportunity for students to earn transferable community college credit for approved college-level classes
- Students must register for the college credit and will receive the grade earned in the class

Clackamas Community College (ACC):

- Pre-Calculus
- AP Statistics
- Discrete Math B
- French III, IV
- Spanish III, IV
- AP 2D Art and Design
- AP English Language & Composition- 11th
- AP English Literature & Composition- 12th
- Journalism III, IV

Portland Community College:

- Spanish Lang & Lit I

Oregon Tech:

- AP Chemistry
- AP Physics 1
- Anatomy & Physiology I, II
- AP Environmental Science
- Medical Terminology

Career Technical Education (CTE)

CTE programs have a sequence of courses (typically three credits) connected to a specific career pathway.

When a student completes three credits in the same CTE program, they will be recognized at graduation

with a CTE cord

- **Computer Programming**
 - **Digital Arts**
 - **Education**
 - **Journalism**
 - **Engineering**
-

Dual Language Program

To receive the recognition, the Class of 2026 must earn a total of six credits in dual language courses during their four years of high school.

- Spanish Language and Literature 1
 - Spanish Language and Literature 2
 - AP Spanish Literature and Culture
 - AP Spanish Language and Culture
 - Biology- Spanish
 - Modern US History- Spanish
 - Latino Arts and Culture
-

Seal of Biliteracy

The Oregon State Seal of Biliteracy is an award given to students who have studied and attained a high level of proficiency in reading, writing, listening, and speaking in two or more languages by the time they graduate.

- Any student who scores a 4 or higher on the AP Language and Culture test
-Or-
passes the STAMP Assessment will receive the Seal of Biliteracy.
 - Students who meet these requirements will be recognized with the Seal of Biliteracy on their diploma and will receive a cord at graduation.
-

College and Career Exploration

What are the career and college opportunities after high school?



Career & College Options

Associate's Degree/Transfer Degree

- 2-Year Community College
- No GPA requirement for admission
- Oregon Promise- 2.0 GPA or higher
- No world language requirement

Bachelor's Degree

- 4-year College or University
- 2.75 minimum GPA requirement
- 2-year minimum world language requirement

Career Technical Education at a Community College

- Can be completed through a Community College
- On the job training alongside classes
- Apprenticeships, trade school, beauty school

Department of Defense

- High school diploma
- ASVAB
- Additional school and training provided
- Travel the world
- Advancement and retirement opportunities
- Must be 18-years old

Work Experience

- Resume needs to be completed
- Certifications can be obtained through employers
- Gain skills for future opportunities

Options at a Community College?



- **Associate's Degree (2 year degree)**
 - Community College for 2 years and graduate with an associate's degree.
- **Transfer Degree**
 - Community college for 1 or 2 years and then transfer to a university for the last 2 years. Ultimately earning a bachelor's degree.

Options at a Community College?

- **CTE Programs (1 or 2 year certificate programs)**
 - Choose a career technical program at a community college. Go to college for 1 or 2 years.
 - Examples of CTE Programs: EMT, Dental Hygiene Assistant, Cyber Security, Paralegal, Nursing Assistant, Auto Collision Repair, Landscape Technology, and many more.
- **Apprenticeship Programs**
 - Work and take classes at the same time
 - Often through a community college
 - Examples: Electrician, Plumbing, Painting, Machinist, Construction

What to do now if you are thinking about Community College?

- **Step 1:**

- Think about what you will do at the community college
 - Associate's Degree, Transfer Degree or CTE Program

- **Step 2:**

- Use Naviance to research Community Colleges in the area.

- **Step 3:**

- Make a list of Community Colleges that you want to apply to in the fall of senior year. Put the list of community colleges in Naviance in “Colleges I’m Thinking About”.

- **Step 4:**

- Look at your transcript to see if you have a 2.0 cumulative GPA or higher for the Oregon Promise.

Oregon Promise



- Oregon Promise helps to cover tuition at any Oregon community college for recent high school graduates.
- Applies to an Associate's Degree, Transfer, and most CTE programs
- Who is eligible?
 - Oregon high school graduates
 - Graduate with a **2.0 cumulative GPA** or higher by the end of 12th grade
 - Oregon resident for at least 12 months prior to enrolling in college
 - Enroll in Oregon community college within 6 months of high school graduation
 - Complete FAFSA/ORSAA senior year

Thinking of going to a 4 year college? Consider...

Academics

- Majors & Programs
- Level of Challenge
- Style of Instruction

Community

- Location, Setting and Size
- Facilities and Campus Life
- Who will you'll "hang out with"

Selectivity

- Admitted Student Profile
- Acceptance Rates

Results

- Retention & Graduation Rates
- Career Advising
- Job &/or Grad School Placement

Research

How do I gather information and learn more about the opportunities after high school?



- WHS College & Career Center
 - Google Classroom- Class of 2026
 - Naviance
 - Attend small group meeting with your school counselor
 - College Rep Visits
 - Campus Visits & Tours
-

College Research Resources



Naviance

- <https://student.naviance.com/wilsonville>
- Identify college preferences
- Search for colleges
- Develop prospective college list
- Compare colleges
- Compare your qualifications to recent WHS application results
- View list of colleges visiting WHS

College Data

- www.collegedata.com
- Comprehensive college profiles
- Admissions statistics
- Factors considered in admissions review
- Money matters (including Net Price Calculators)
- Campus and community life
- Student demographics

Dwight's Future Planni

Plan You

Quickly access your path high information from your school.

College Home

Find Your fit

SuperMatch College Search

College Match

College Events

Scattergrams

Advanced College Search

College Lookup

Research Colleges

Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

College Maps

Apply to College

Colleges I'm Applying To

Manage Transcripts

Letters of Recommendation

Test Scores

Scholarships & Money

College-Specific Scholarships

National Scholarship Search

Scholarship Search

Favorite Scholarships

...y to get those college applications doing research and even filling in some available, but we don't ...e are here to assist and guide you ...ill need to follow here at WHS! ...will meet with students in small ...w information, and host evening ...and those that will be helping you

- Completing college applications, including the ins & outs of the Common App and determinina which application tvoe to complete.

[Read More](#)

[Additional Information from Your School](#)

Tasks from My School

Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see what's next or create a goal or to-do.

[Go to My Planner](#)

What's New

College Path Highlights

Search for a College



[Search](#)

Campus Visits & Tours

One of the best ways to learn more about a 4-year or community college, and to collect valuable information!

- Visit several different colleges to get best perspective
 - Admissions information sessions in-person or via Zoom
 - A glimpse into the lives of current students
 - Information about the on-campus living experience
 - Visit admission websites for dates and registration information
-

WHS

College Visits



- In-person visits at WHS with college admission representatives
 - Sign-up in Naviance
-

Unsure about a Major or Academic Interest?

It is common for students to be unsure about their major or academic area of interest:

- Inquire about first-year course of studies
- Inquire about when you have to declare a major
- Consider a liberal arts college
- Talk with your school counselor
- Use Naviance
 - Personality, interest, and skill inventories
 - ‘Explore Careers’ under the ‘Careers’ dropdown

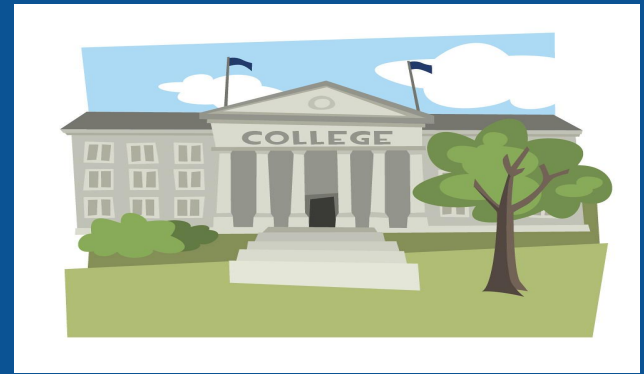


Certain about a Major or Academic Interest?

- Consult publications and websites such as U.S. News and World Report, Peterson's, Princeton Review, and Barron's for published ratings
- Investigate the details:
 - Research what courses are required for specific majors or academic programs
 - Number of professors with highest degree in field
 - Research institution vs. teaching institution
 - Number of students seeking higher education, securing jobs, etc. after graduation
 - Attend a class
 - Meet with a professor in that major or program
 - Meet with a current student in that major or program

It's all about balance...

- Identify colleges that you consider:
 - **A Safety School**-your scores and grades surpass all academic and extracurricular requirements at these schools.
 - **A Good Fit School**- your grades and scores are within the middle 50% of accepted students.
 - **A Reach or 'Dream' School**- your grades and scores may be below the middle 50% of students attending these schools.



NCAA Eligibility Center

- College-bound student athletes must register if you plan to pursue DI or DII college athletics
 - [Register with the NCAA Eligibility Center](#)
- To meet NCAA eligibility requirements and compete at the college level, athletes must complete 16 core courses identified by the NCAA
 - [Wilsonville High School NCAA- approved courses](#) include: English 1-4, Algebra 1-3, Geometry, Statistics, Biology, Chemistry, Physics, American History, World History, Civics, Government, and World Language.

SAT/ACT

What should I do?

- Research your perspective colleges to learn about their Admission Testing Policy
- Almost all colleges accept either the SAT or the ACT for admission

[ACT vs. SAT: How to Decide Which Test to Take](#)

Admission Testing Policies

The SAT logo is displayed in white, bold, sans-serif capital letters on a blue rectangular background. A registered trademark symbol (®) is located to the upper right of the letter 'T'.

- **Test-Optional**

- Refers to colleges that give students the choice to submit standardized testing scores if they feel it reflects their true ability. Colleges will consider scores if submitted, but there will not be a penalty for choosing not to submit scores.

- **Test-Blind/Test-Free**

- Refers to colleges that will not consider standardized testing scores for any applicant, even if submitted.

- **Test Required**

- Refers to colleges that require SAT or ACT scores as a part of their admission requirements.

Admission Testing Policies for Fall 2026

- **Test Free**

- University of California and Cal State schools

- **Test Optional**

- All Oregon colleges and universities
- University of Washington
- Washington State
- Brigham Young University
- Many more colleges are test optional. When in doubt, look it up.

- **Test Required**

- Stanford University, Harvard, Cornell, Johns Hopkins, Carnegie Mellon, Cal Tech, MIT, Brown, Yale, Dartmouth
- Florida State University & University of Florida
- Georgetown University
- University of Tennessee
- Georgia state school system
- United States Military Academies
- University of Texas, Austin



If taking the SAT/ACT makes sense for you...

- Decide when you want to take the SAT or ACT
 - The SAT or the ACT is typically taken in the **spring of the junior year and no later than December of the senior year.**
 - Upcoming SAT Dates:
 - Mar 8, 2025
 - May 3, 2025
 - June 7, 2025
 - SAT Testing Schedule

If taking the SAT/ACT makes sense for you...

- **Prepare**

- Khan Academy – free online test preparation
- Princeton Review or Kaplan Test Prep - fee based

- **Register**

- Register for SAT at www.collegeboard.org
- Register for ACT at www.actstudent.org

The Importance of Testing? It Depends...

- **Lower Priority:**

- The largest set of colleges, about 80% of 4-year colleges. Admission decisions do not hinge on test scores. They mainly look at GPA and course rigor.

- **Plus Factor:**

- This set of colleges, about 20% of 4-year colleges, are still selective, so strong test scores can be a plus factor, but not a singular difference maker.

- **Still Important:**

- These highly selective colleges have less than 10% acceptance rates. It is still advisable to take the SAT/ACT.

- We recommend reviewing admission webpages, [Compass Prep](#), or [US News](#) for most up-to-date info

Resources

SAT Registration: [CollegeBoard - SAT, AP, College Search and Admission Tools](#)

ACT Registration: [The ACT Test for Students](#)

[2025 SAT/ACT Testing Schedule](#)

[Test Prep: Khan Academy](#)

[SAT and ACT Policies and Score Ranges for Popular Colleges and Universities](#)

[FairTest - Test Optional & Test Free Colleges](#)

Factors in 4-Year Admission

So, what will be considered?



According to the National Association of College Admission Counselors:

- GPA and grades in college preparatory courses
 - Strength of schedule
 - Essay
 - Teacher recommendation
 - SAT or ACT test scores, if applicable
 - Student's expressed interest in the school
 - Counselor recommendation
 - Class rank
 - Interview, if applicable
 - Extracurricular activities
-

Grade Point Average (GPA)

- Automatic Admit vs. Holistic Review
- OPU Recommended GPAs:
 - UO - **Holistic Review**
 - OSU - **Holistic Review**, preferred **3.0** or better
 - Oregon Tech - **3.0** Automatic Admit
 - Western Oregon and Eastern Oregon- **2.75** Automatic Admit
 - Portland State and Southern Oregon- **2.5** Automatic Admit

Summer Opportunities

- **Oregon Tech:**

- Take advantage of rigorous curriculum or to learn more about high demand careers
- Enroll in college level courses such as Speech, Economics or Introduction to Film
- Explore interests such as Medical Imaging or Computer Programming
- Courses are \$25/credit
- www.oit.edu/hst

- **Saturday Academy:**

- Classes and camps in Medical Science, Computer Science, Visual and Performing Arts, Engineering, and more.
- www.saturdayacademy.org/

- List of opportunities on **11th Grade Google Classroom and Naviance:**

- Community Service
- Paid Employment
- Camps (academic and personal enrichment)

- **Clackamas Community College:**

- CTE Summer Camps - Aug 12th -16th (tentative)
- Explore programs such as Horticulture, Welding, Music and Film, and the Health Professions
- <https://www.clackamas.edu/academics/academic-offerings/high-school-connections/summer-programs>
(watch website in March for courses and program updates)

Financial Aid & Scholarships

- Free Application for Federal Student Aid (FAFSA) or Oregon Student Aid Application (ORSAA)
 - Open for Class of 2026 on October 1, 2025
 - Will use prior-prior year (PPY) for filing (2024 taxes)
 - Purpose is to provide families with more accurate financial aid information earlier in the admission process
- What can you do now?
 - Create FSA IDs now (<https://studentaid.gov/fsa-id/create-account/launch>)
 - Financial Aid: Net Price Calculators
 - Scholarships: GPA and test scores, Community Service, Letters of Recommendation, Essays/Writing Prompts

Financial Aid & Scholarship Resources

- [FAFSA](#)
- [ORSAA](#)
- [Office of Student Access & Completion \(OSAC\)](#)
- [Oregon Promise](#)
- [College Board BigFuture Scholarship Program](#)
- [Oregon CIS](#)
- [FastWeb](#)
- [Niche](#)
- Naviance - Scholarship database maintained by WHS

Resources

- **NACAC Virtual College Fairs:**
 - Several opportunities through spring.
 - <https://www.nacacnet.org/nacac-college-fairs/>
- **PNACAC Regional College Fair:**
 - Sunday, April 27, 2025 at University of Portland
- **Oregon CIS**
 - <https://oregoncis.uoregon.edu>
- **College Websites & Social Media**
 - Most have robust virtual tours as well as information sessions
 - <https://campustours.com/>
 - <https://www.youvisit.com/>
 - <https://www.thecolleetour.com/watch-now/>
- **Oregon Community Colleges**
 - <https://www.oregon.gov/highered/institutions-programs/postsecondary-finance-capital/Pages/postsecondary-community-colleges.aspx>
- **US News Best Colleges:**
 - www.usnews.com/rankings
- **Colleges That Change Lives:**
 - www.ctcl.com
- **Historically Black Colleges:**
 - <https://www.thehundred-seven.org/hbculist.html>
- **LGBTQ+:**
 - <https://www.campuspride.org/2020BESTOFTHEBEST/>
- **NCAA Clearinghouse:**
 - www.ncaaclearinghouse.org
 - Must register if you plan to pursue DI or DII college athletics
- **Western Undergraduate Exchange (WUE):**
 - www.wiche.edu/wue
- **U. S. Department of Education:**
 - <http://www.ed.gov/>

Connect with Us!

- Google Classroom
 - Class of 2026 join code: **3wugnvo**
- Instagram - whscollegcareer
- Parent Square



Thank you for
Attending!

Senior College Night will be in late
September followed by Financial
Aid Night in the Nov/Dec

