




























MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>“Did you Know?” The first meal eaten on the moon by astronauts Armstrong and Aldrin in 1969 was turkey dinner in foil pouches. <i>Food aboard the Space Shuttle served on a tray. Note the use of magnets, springs, and Velcro to hold the cutlery and food packets to the tray!</i></p>			<p>November 1</p> <p> Kids Choice Chicken Burger or Turkey Sandwich or Snack Pack</p>	<p>2</p> <p> Bosco Pizza Stick with Marinara Dipping Sauce or Breaded Fish Sticks <i>Dessert</i></p>
<p>5</p> <p>Chicken Corn Dog or  Hummus or Dipper with Flatbread & Veggies</p>	<p>6</p> <p> Kids Choice Chicken Bites or  Sunbutter & Jelly Sandwich with String Cheese</p>	<p>7</p> <p>Beef Soft Taco or Yogurt Parfait with Berries & GF Granola</p>	<p>8</p> <p>Turkey Hot Dog or Mild Beef Chili with Shredded Cheese</p>	<p>9</p> <p> Kids Choice  Cheese Pizza or Turkey & Cheese Sandwich <i>Baked Cookie</i></p>
<p>12</p> 	<p>13</p> <p>Beef & Cheese Taco Snack or Breaded Fish Sticks</p>	<p>14</p> <p>Hot Ham & Cheese on Flatbread or  Bagel & Cream Cheese with String Cheese</p>	<p>15</p> <p>Super Nachos with Queso Sauce & Ground Beef or  Quesadilla</p>	<p>16</p> <p>DAILY SPECIAL ENTRÉE or  Bosco Pizza Stick with Marinara Dipping Sauce <i>Dessert</i></p>
 <p>No School November 19th - 23rd, 2018</p>				
<p>26</p> <p>Baked Pasta Bolognese or Tuna Sandwich</p>	<p>27</p> <p> Kids Choice Chicken Bites or Turkey & Cheese Sandwich or Snack Pack</p>	<p>28</p> <p> Bean & Cheese Burrito or Yogurt Parfait with Berries & GF Granola</p>	<p>29</p> <p>Classic Cheeseburger or  Sunbutter & Jelly Sandwich with String Cheese</p>	<p>30</p> <p> Kids Choice  Cheese Pizza or Tortilla Roll-Up with Ham & Cheese <i>Baked Cookie</i></p>
<p>BREAKFAST IS SERVED AT ALL SCHOOLS, EXCEPT: ATHEY CREEK, BOLTON, STAFFORD AND TRILLIUM CREEK</p>				
<p><u>MONDAY BREAKFAST CHOICE OF</u></p> <p> Assorted Low Sugar Cereal  Frudel Fruit, Juice & Milk</p>	<p><u>TUESDAY BREAKFAST CHOICE OF</u></p> <p> Assorted Breakfast Bar  Mini Pancakes Fruit, Juice & Milk</p>	<p><u>WEDNESDAY BREAKFAST CHOICE OF</u></p> <p> Assorted Breakfast Bar  Blueberry Muffin with String Cheese Stick Fruit, Juice & Milk</p>	<p><u>THURSDAY BREAKFAST CHOICE OF</u></p> <p> Assorted Breakfast Bar  Mini French Toast Sticks Fruit, Juice & Milk</p>	<p><u>FRIDAY BREAKFAST CHOICE OF</u></p> <p> Assorted Low Sugar Cereal Breakfast on a Stick Fruit, Juice & Milk</p>

You may qualify for free or reduced price meals. Applications are available on our website, at all schools and the Nutrition Services office.

Lunch Prices
Paid: \$3.20 Reduced: No Charge Adult: \$4
Milk without full meal: \$.50
Breakfast \$1.95

View meal account activity and make Credit card payments at:
<https://www.k12paymentcenter.com>
Checks are accepted at the school or kitchen office.

DAILY OFFERINGS

- Included with all lunches are a Meat or Meat Alternate Entrée, Bread or Grain Item.
- Choices of variety of Fruits and Vegetables. 1% White and Non-fat Milk.
- Juice only offered on Monday, Wednesday & Friday.
- Non-fat Chocolate Milk only offered on Tuesday & Thursday.

 =Vegetarian

“This institution is an equal opportunity provider”

Menus subject to change.

Need Assistance?
Contact Nutrition Services at
(503) 673-7992
linstror@wlwv.k12.or.us

Visit our website!
<https://www.wlww.k12.or.us/domain/42>