







**PRIMARY SCHOOL BREAKFAST & LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>October 1</b> Chicken Corn Dog or Yoplait Original Yogurt & Muffin	<b>2</b> Home-style Meatballs with Brown Gravy or ✓ Soft Pretzel with Marinara & String Cheese	<b>3</b> Grilled Chicken Soft Taco or ✓ Hummus or Dipper with Flatbread & Veggies	<b>4</b> Flavorful Sloppy Joes or Chicken Quesadilla	<b>5</b> ✓ Bosco Pizza Stick with Marinara Dipping Sauce or Breaded Fish Sticks <i>Dessert</i>
<b>8</b> ✓ Macaroni & Cheese or Yogurt Parfait with Berries & GF Granola	<b>9</b>  Kids Choice ✓ Cheese Pizza or Hot Ham & Cheese on Flatbread <i>Baked Cookie</i>	<b>10</b> 	<b>11</b> 	<b>12</b> 
<b>15</b> Chicken & Rice or Yoplait Original Yogurt & Muffin	<b>16</b>  Kids Choice Chicken Bites or ✓ Oven Baked Cheese Sandwich	<b>17</b> Turkey Hot Dog or Mild Beef Chili with Shredded Cheese	<b>18</b> Super Nachos with Queso Sauce & Ground Beef or ✓ Quesadilla	<b>19</b> ✓ Bosco Pizza Stick with Marinara Dipping Sauce or COOKS SPECIAL ENTREE <i>Dessert</i>
<b>22</b> Chicken Corn Dog or ✓ Bagel & Cream Cheese with String Cheese	<b>23</b> ✓ Macaroni & Cheese or Yogurt Parfait with Berries & GF Granola	<b>Early Release 24</b> Grilled Chicken Soft Taco or ✓ Hummus or Dipper with Flatbread & Veggies	<b>25</b> Classic Hamburger or ✓ Sunbutter & Jelly Sandwich with String Cheese	<b>26</b>  Kids Choice ✓ Cheese Pizza or Chicken Quesadilla <i>Baked Cookie</i>
<b>29</b> Baked Pasta Bolognese or Yoplait Original Yogurt & Muffin	<b>30</b> Home-style Meatballs with Brown Gravy or ✓ Soft Pretzel with Marinara & String Cheese	<b>31</b> ✓ Bean & Cheese Burrito or Tortilla Roll-Up with Ham	<b>What is Pasta Bolognese?</b> <i>Bolognese sauce known in Italian as ragu alla Bolognese is a meat-based sauce originating from Bologna, Italy</i>	

**BREAKFAST IS SERVED AT ALL SCHOOLS, EXCEPT: ATHEY CREEK, BOLTON AND STAFFORD**

MONDAY BREAKFAST CHOICE OF	TUESDAY BREAKFAST CHOICE OF	WEDNESDAY BREAKFAST CHOICE OF	THURSDAY BREAKFAST CHOICE OF	FRIDAY BREAKFAST CHOICE OF
✓ Assorted Low Sugar Cereal ✓ Frudel Fruit, Juice & Milk	✓ Assorted Breakfast Bar ✓ Mini Pancakes Fruit, Juice & Milk	✓ Assorted Breakfast Bar ✓ Blueberry Muffin with String Cheese Stick Fruit, Juice & Milk	✓ Assorted Breakfast Bar ✓ Mini French Toast Sticks Fruit, Juice & Milk	✓ Assorted Low Sugar Cereal Breakfast on a Stick Fruit, Juice & Milk

You may qualify for free or reduced price meals. Applications are available on our website, at all schools and the Nutrition Services office.

Lunch Prices  
 Paid: \$3.20 Reduced: No Charge Adult: \$4  
 Milk without full meal: \$.50  
 Breakfast \$1.95

View meal account activity and make Credit card payments at:  
<https://www.k12paymentcenter.com>  
 Checks are accepted at the school or kitchen office.

**DAILY OFFERINGS**

- Included with all lunches are a Meat or Meat Alternate Entrée, Bread or Grain Item.
- Choices of variety of Fruits and Vegetables. 1% White and Non-fat Milk.
- Juice only offered on Monday, Wednesday & Friday.
- Non-fat Chocolate Milk only offered on Tuesday & Thursday.

✓=Vegetarian

"This institution is an equal opportunity provider"

Need Assistance?  
 Contact Nutrition Services at  
 (503) 673-7992  
[linstror@wlwv.k12.or.us](mailto:linstror@wlwv.k12.or.us)

Visit our website!  
<https://www.wlww.k12.or.us/domain/42>

*Menus subject to change.*