



## West Linn-Wilsonville School District 3Jt

Administration Building

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*You may have heard that Oregon passed a new Senate Bill 963 on July 1, 2019 that is focused on clarifying and improving our practice and reporting around restraint and seclusion. Oregon Administrative Rules (OARs) were adopted on October 24th. The following is our district guidance regarding these changes:*

**Seclusion** is the involuntary confinement of a student alone in a room from which they are physically prevented from leaving. In our district, we do not have spaces that are legally allowed to be used for seclusion, and thus seclusion is prohibited under the law.

**Restraint** continues to be a safety response used as a last resort when risk of harm or injury is high, when lesser interventions are not effective. Restraint is defined as, “the restriction of a student’s actions or movements by holding the student, or using pressure or other means”.

If restraint is needed as a last resort safety response, staff will use the approved methods taught in Crisis Prevention and Intervention (CPI) training. Any restraint must be documented on the Restraint Incident and Debrief form.

Our district Restraint Incident and Debrief forms have been updated to reflect the most recent guidance - please review these documents. These documents must be completed within 24 hours of the incident. Parents must be contacted the day of the incident, preferably before the end of the school day. The debrief (with parent invited) must occur within two school days of the incident and include all involved staff members and the building administrator.

### **Restraint does not include:**

Providing reasonable intervention with the minimal exertion of force necessary if the intervention does not include a restraint and the intervention is necessary to:

- a. Break up a physical fight
- b. Interrupt a student’s impulsive behavior that threatens the student’s immediate safety, including running in front of a vehicle or climbing on unsafe structures
- c. Effectively protect oneself or another from an assault, injury or sexual contact with the minimum physical contact necessary for protection
  - i. Minimal exertion of force necessary is defined as using a movement to disengage that is more than deflecting, but not a restraint. For example: If a student is running into the street, a staff member can physically move the student onto the sidewalk. If a student grabs a staff member in a sensitive area, the staff member can physically remove the student’s hands from their body. This movement is brief (less than a minute) and is not documented as a restraint. However, staff will need to report the incident to family that school day, and record using their building office referral document.
  - ii. For more information: See OAR 581-021-0550, OAR 581-021-0553, OAR 581-021-0556

If you have further questions, please contact your Special Education Instructional Coordinator or your CPI Training Team

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