

CLACKAMAS COUNTY RESOURCES FOR TEENS

TEEN PREGNANCY/SEXUAL HEALTH

Boys and Girls Aid

Juvenile justice diversion, runaways, maternity/post-birth and adoption services

Phone: 503.222.9661

Crisis Line: 800.342.6688

Camp Fire USA, Mt. Hood Council

New Parent Program

Phone: 503.656.2530 ext. 36

Healthy Start

Support for families expecting their first baby

Phone: 503.650.5684

Spanish Line: 503.546.6533

Insights (Portland)

Teen parenting education, support, and referral services

Phone: 503.239.6996

Joe's Place (Madonna's Center program)

Offer support/ parenting education to teen fathers

Phone: 503.653.1595

Planned Parenthood

Sexual health services and education

Phone: 503.775.4931

Salvation Army White Shield Program

Residential treatment for teen mothers

Ages 10-18

Phone: 503.239.1248

Teen Info Line

Sexual health, pregnancy prevention, low-cost exams

Phone: 503.988.5519

Young Parent Opportunity Program (YPOP)

Clackamas County College

Education/Support services for pregnant and parenting teens ages 15-21

Phone: 503.657.6958 ext. 2592

LGBTQ COMMUNITY

Equity Foundation

Information and Support for members of the LGBTQ community

Phone: 503-231-5759

PFLAG

Support services for friends/family of GLBTQ people

Portland Phone: 503.232.7676

Clackamas Phone: 503.998.1450

Sexual Minority Youth Resource Center (SMYRC)

Sexual identity and gender issues; free HIV testing, support groups, & therapy

Phone: 503.872.9664

HOUSING

A Way Inn (Madonna's Center program)

Housing assistance and referral to teenage parents

Phone: 503.653.1595

Northwest Behavioral Healthcare Services

Residential services for you ages 12-17

Free drug/alcohol assessments

Phone: 503.722.4470

New Avenues (Portland)

Transitional housing, independent living, case management, employment partnership (Ben & Jerry's)

Phone: 503.224.4339

Outside In (Portland)

Transitional housing, case management, medical clinic, daytime shelter, workforce development

Phone: 503.535.3800

Springwater Transitional Living Programs

Transitional housing, case management, support for youth ages 16-21

Phone: 503.496.1160

MENTORING/COUNSELING

Big Brother Big Sister Program

Youth Mentoring services for ages 6-16

Phone: 503.249.4859

Samaritan Counseling Center

Sliding scale counseling clinic

Phone: 503.281.3318

Sunnyside Counseling Center

Christian counseling services for a variety of issues

Phone: 503.257.7572

Metropolitan Family Service (MFS)

Creates opportunities for children to succeed

Phone: 503.232.0007

www.metfamily.org

Parrot Creek Child and Family Services

Counseling for children 0-18 and their families

Phone: 503.722.4110

BASIC AND EMERGENCY SERVICES

Child Abuse Hotline

Clackamas County

Phone: 503.731.3100

Clackamas County Crisis Line

24 hour emergency mental health assessment, information, & referral services

Phone: 503.655.8401

Clackamas County Youth Gang Task Force

Intervention and outreach services

Phone: 503.656.4264

Clackamas Women's Services

Crisis line, shelter, and support for domestic violence survivors

Phone: 503.654.2288

National Runaway Switchboard

24 hour crisis line for runaway youth ages 12-20

Phone: 800.621.4000

National Teen Dating Abuse Helpline

1-866-331-9474

Oregon SafeNet

Free health and dental information and referrals

Phone: 503.988.5858

Hotline: 800.723.3638

State of Oregon, Department of Human Services

Child Welfare

Adoption, foster care, parent support, child abuse & neglect investigations

Phone: 971.673.7200

Youth Crisis Hotline

24 hour info and referral line for youth (17 & under)

Phone: 800.448.4663

EDUCATION/ EMPLOYMENT

Clackamas County College

Education Development and GED Testing

Phone: 503.657.8400

Clackamas Education Service District (ESD)

Child Care Resource and Referral

Information and support for families and care givers

Phone: 503.675.4100

Mia Mama! (Madonna's Center program)

Job training/ basic needs support for teenage mothers; free childcare Phone: 503.653.1595

Mt. Hood Community College

Education Development and GED Testing

Phone: 503.491.7333

Portland Community College

Education Development and GED Testing

Phone: 503.244.6111

Head Start

Preschool for children 3-4 years who are low-income and/or disabled

Phone: 503.675.4565

CLACKAMAS COUNTY RESOURCES FOR TEENS

WEBSITES FOR TEEN

VIOLENCE/ABUSE

www.atask.org

Asian Task Force Against Domestic Violence

www.childhelp.org

ChildHelp USA provides hotline numbers and local contacts and information about abuse for children/teens

www.darkness2light.org

Darkness to Light works to prevent child sexual abuse through education and awareness.

www.loveisrespect.org

The National Teen Dating Abuse Helpline provides 24/7 access to information and services
1.866.331.9474 or 1.866.331.8453 (TTY)

www.navh.org

National Domestic Violence Hotline is a nationwide database that provides 24 hour services to those in need

www.ohpheliaproject.org

Relational aggression and bullying

www.seeitandstopit.org

Teens preventing relationship violence

RELATIONSHIPS

www.breakthecycle.org

Non-profit organization whose mission is to engage, educate, and empower youth to build lives and communities free from dating and domestic violence

www.loveisnotabuse.com

Information on healthy & unhealthy relationships

www.teenrelationships.org

Resources and Q&A for teens

www.uhaveitright.net

General information about relationships

HOUSING

www.madonnascenter.org

Housing assistance & referral, education & support for teenage parents

www.newavenues.org

Housing information for adults and youth

www.outsidein.org

Housing, medical, and employment resources for youth

PREGNANCY/SEXUAL HEALTH

www.teenpregnancy.com

Information/support about pregnancy, adoption, abortion

www.teenwire.org

General information about pregnancy, birth control, STDs, and relationships (Planned Parenthood website)

www.sexetc.org

Website by teens with general information about sex

www.insightstpp.org

Teen Parenting Program website, program information and support

www.iwannaknow.org

General sexual health information for teens

www.healthyteennetwork.org

Teen pregnancy prevention, teen pregnancy, and teen parenting

www.teensource.org

Information about sex, birth control, STDs, and rights

COMMUNITY/GENERAL

www.athinline.org

Sexting and internet/digital drama

www.equityfoundation.org

Information and support for individuals within the LGBTQ community

www.gurl.com

Great site for all things girl related

www.jyp.org

Residential treatment, homeless youth programs, teen parenting, education/employment opportunities

www.myspace.com/cwsor

Clackamas Women's Services MySpace page for teens

www.oregon.gov/DHS

Oregon Department of Human Services

www.oregonyouthline.com

Resources and support just for teens!

LEGAL

www.womenslaw.org

Easy to understand legal information for women in a domestic violence situation

www.co.clackamas.or.us/da

24 hour advocate support for crime victims



CLACKAMAS WOMEN'S SERVICES

704 Main Street, Suite 200 • Oregon City, OR 97045 • Web Site: www.cwsor.org

Office 503-722-2366 • Fax 503-722-8059 • Crisis Line: 503-654-2288