

Coverage Period: 12/01/2023 - 11/30/2024 Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <a href="https://pacificsource.com/plan-details">https://pacificsource.com/plan-details</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary HealthCare.gov/sbc-glossary or call 1-888-977-9299 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-network provider: \$100 individual/\$200 family   Out-of-network provider: \$200 individual/\$400 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> ; emergency room visits; urgent care. Navigator In-network: office visits; outpatient <u>rehabilitation and habilitation services</u> ; inpatient room and board; maternity services; outpatient surgery facility fees. Rx drugs. Vision exam and hardware.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>Healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network provider: \$2,000 individual/\$4,000 family   Out-of-network provider: \$6,000 individual/\$12,000 family /Prescription Drug OOP \$1,000 individual/\$2,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See  Providerdirectory.pacificsource.com/?nPlan=Navigator or call 1-888-977-9299 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You pay the least if you use a <u>provider</u> in the Tier One <u>network</u> . You pay more if you use a <u>provider</u> in the Tier Two <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



		Wha	t You Will Pay		
Common Medical Event	Services You May Need	Navigator - In-network Member Pays (You will pay the least)	Voyager - In-network Member Pays (You will pay more)	Out-of-network Member Pays (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$10 <u>co-pay</u> /visit, <u>deductible</u> does not apply	30% <u>co-insurance</u>	30% <u>co-insurance</u>	None
	Specialist visit	\$10 <u>co-pay</u> /visit, <u>deductible</u> does not apply	30% <u>co-insurance</u>	30% <u>co-insurance</u>	None
If you visit a health care provider's office or clinic	Preventive care/screening/immuniza tion	No charge, <u>deductible</u> does not apply	No charge, <u>deductible</u> does not apply	30% <u>co-insurance,</u> <u>deductible</u> does not apply	Preventive Physicals: 13 visits ages 0-36 months, annually ages 3 and older. Well Woman Visits: annually. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Tobacco cessation: Not covered out-of-network.
If you have a test	Diagnostic test (x-ray, blood work)	10% <u>co-insurance</u>	30% co-insurance	30% co-insurance	None
ii you liave a test	Imaging (CT/PET scans, MRIs)	10% <u>co-insurance</u>	30% co-insurance	30% co-insurance	Prior authorization required.
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at <a href="https://pacificsource.com/drug-list">https://pacificsource.com/drug-list</a>	Tier one drugs	Retail: \$10 <u>co-pay,</u> <u>deductible</u> does not apply Mail: \$20 <u>co-pay,</u> <u>deductible</u> does not apply	Retail: Mail:	90% <u>co-insurance,</u> <u>deductible</u> does not apply	Prescription benefit includes certain outpatient drugs as a preventive benefit at no charge when received in-network, <u>deductible</u> does not apply. <u>Cost share</u> amounts shown represent a 30 day supply at retail and a 90 day supply at mail order. Quantity for retail and mail order are limited to a 90 day supply. Quantity for <u>Specialty drug</u> is limited to 30 day supply.

	What You Will Pay					
Common Medical Event	Services You May Need	Navigator - In-network Member Pays (You will pay the least)	Voyager - In-network Member Pays (You will pay more)	Out-of-network Member Pays (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Tier two drugs	Retail: \$15 <u>co-pay,</u> <u>deductible</u> does not apply Mail: \$30 <u>co-pay,</u> <u>deductible</u> does not apply	Retail: Mail:	90% <u>co-insurance,</u> <u>deductible</u> does not apply		
	Tier three drugs	Retail: \$25 <u>co-pay,</u> <u>deductible</u> does not apply Mail: \$50 <u>co-pay,</u> <u>deductible</u> does not apply	Retail: Mail:	90% <u>co-insurance,</u> <u>deductible</u> does not apply	Prior authorization required for certain drugs. If a manufacturer coupon or rebate is used, the amount of the discount will not accumulate toward the deductible or the maximum	
	Tier four drugs	Retail: The lesser of \$150 co-pay or 10% co-insurance, deductible does not apply Mail: The lesser of \$300 co-pay or 10% co-insurance, deductible does not apply		90% <u>co-insurance,</u> <u>deductible</u> does not apply	out-of-pocket limit.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$100 <u>co-pay</u> /visit, <u>deductible</u> does not apply	30% <u>co-insurance</u> Ambulatory surgery center: 25% <u>co-insurance</u>	30% <u>co-insurance</u> Ambulatory surgery center: 25% <u>co-insurance</u>	None	
	Physician/surgeon fees	10% <u>co-insurance</u>	30% co-insurance	30% co-insurance		
If you need immediate medical attention	Emergency room care	Medical emergency: \$150 co-pay/visit, deductible does not apply Non-emergency: \$150 co-pay/visit, deductible does not apply	Medical emergency: \$150 co-pay/visit, deductible does not apply Non-emergency: \$150 co-pay/visit, deductible does not apply	Medical emergency: \$150 co-pay/visit, deductible does not apply Non-emergency: \$150 co-pay/visit, deductible does not apply	Co-pay waived if admitted.	

		Wha	t You Will Pay		
Common Medical Event	Services You May Need	Navigator - In-network Member Pays (You will pay the least)	Voyager - In-network Member Pays (You will pay more)	Out-of-network Member Pays (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency medical transportation	Ground: 30% <u>co-insurance</u> Air: 30% <u>co-insurance</u>	Ground: 30% <u>co-insurance</u> Air: 30% <u>co-insurance</u>	Ground: 30% <u>co-insurance</u> Air: 30% <u>co-insurance</u>	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate. Out-of-network air based on 200 percent of Medicare allowance.
	Urgent care	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit, <u>deductible</u> does not apply	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$100 <u>co-pay</u> /day, <u>deductible</u> does not apply	30% <u>co-insurance</u>	30% <u>co-insurance</u>	Limited to semi-private room unless intensive or coronary care units, medically necessary isolation, or hospital only has private rooms.  Co-pay subject to 5-day maximum.  Prior authorization required for some inpatient services.
	Physician/surgeon fees	10% co-insurance	30% co-insurance	30% <u>co-insurance</u>	None
If you need mental health, behavioral health, or	behavioral health, or substance abuse	\$10 <u>co-pay</u> /visit, <u>deductible</u> does not apply	30% <u>co-insurance</u>	30% co-insurance	None
substance abuse services		\$100 <u>co-pay</u> /day, <u>deductible</u> does not apply	30% <u>co-insurance</u>	30% <u>co-insurance</u>	Prior authorization required for some inpatient services. <u>Co-pay</u> subject to 5-day maximum.
	Office visits	Physician/Provider		30% <u>co-insurance</u>	Cost sharing does not apply for
If you are my my and	Childbirth/delivery professional services	services (global charge): \$100 <u>co-pay/pregnancy</u> , <u>deductible</u> does not	200/ 20 income		preventive services. Practitioner delivery and hospital visits are covered under prenatal and postnatal
If you are pregnant	Childbirth/delivery facility services	apply. Hospital/Facility services: \$100 co-pay/day, deductible does not apply.	30% <u>co-insurance</u>		care. Facility is covered the same as any other hospital services. Co-pay subject to 5-day maximum. Coverage includes termination of pregnancy.

		Wha	t You Will Pay		
Common Medical Event	Services You May Need	Navigator - In-network Member Pays (You will pay the least)	Voyager - In-network Member Pays (You will pay more)	Out-of-network Member Pays (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	10% <u>co-insurance</u>	30% <u>co-insurance</u>	30% <u>co-insurance</u>	No coverage for private duty nursing or custodial care.
	Rehabilitation services	Inpatient: 10% <u>co-insurance</u> Outpatient: \$10 <u>co-pay</u> /visit, <u>deductible</u> does not apply	Inpatient: 30% <u>co-insurance</u> Outpatient: 30% <u>co-insurance</u>	Inpatient: 30% <u>co-insurance</u> Outpatient: 30% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. Prior authorization required. Outpatient: Limited to 30 visits/year. No coverage for recreation therapy.
If you need help recovering or have other	Habilitation services	Inpatient: 10% <u>co-insurance</u> Outpatient: \$10 <u>co-pay</u> /visit, <u>deductible</u> does not apply	Inpatient: 30% <u>co-insurance</u> Outpatient: 30% <u>co-insurance</u>	Inpatient: 30% <u>co-insurance</u> Outpatient: 30% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. Prior authorization required. Outpatient: Limited to 30 visits/year. No coverage for recreation therapy.
special health needs	Skilled nursing care	10% co-insurance	30% co-insurance	30% co-insurance	Limited to 60 days/year. No coverage for custodial care.
	Durable medical equipment	30% <u>co-insurance</u>	30% <u>co-insurance</u>	30% <u>co-insurance</u>	Limited to: one pair/year for glasses or contact lenses; one breast pump/pregnancy; \$150/year for wig for chemotherapy or radiation therapy. Prior authorization required if equipment is over \$2,500 and for power-assisted wheelchairs.
	Hospice services	10% <u>co-insurance</u>	30% co-insurance	30% co-insurance	No coverage for private duty nursing.
If your child needs dental or eye care	Children's eye exam	\$10 <u>co-pay</u> /visit, <u>deductible</u> does not apply		No charge, <u>deductible</u> does not apply, up to \$40 then 100% <u>co-insurance</u>	For age 18 or younger, one routine eye exam/year.
	Children's glasses	Lenses: \$25 <u>co-pay</u> , <u>deductible</u> does not apply Frames: No charge, <u>deductible</u> does not apply, up to \$100 then		Lenses: No charge, deductible does not apply, up to \$40 then 100% co-insurance Frames: No charge, deductible does not	For age 18 or younger, one pair of glasses (frames and lenses) and/or contacts (lenses and fitting) per year.

	What You Will Pay						
Common Medical Event Services You May Need		Navigator - In-network Member Pays (You will pay the least)	Voyager - In-network Member Pays (You will pay more)	Out-of-network Member Pays (You will pay the most)	Limitations, Exceptions, & Other Important Information		
		100% <u>co-insurance</u> Contact lenses (in lieu of glasses): No charge, <u>deductible</u> does not apply, up to \$90 then 100% <u>co-insurance</u>		apply, up to \$45 then 100% co-insurance Contact lenses (in lieu of glasses): No charge, deductible does not apply, up to \$90 then 100% co-insurance			
	Children's dental check-up	Not covered	Not covered	Not covered	Not covered		

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally D	Does NOT Cover (Check	vour policy or plan	document for more information a	nd a list of any other <u>excluded services</u> .)

Bariatric surgery

Hearing aids (Adult)

Non-emergency care when traveling outside the U.S.

- Cosmetic surgery (except in certain situations)
- Infertility treatment

Private-duty nursing

Dental care (Adult)

Long-term care

Routine foot care, other than with diabetes mellitus

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Abortion

Chiropractic care

Routine eye care (Adult)

Acupuncture

Hearing aids (Child)

Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://energy.new.org/healthreform">Health Care.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: The PacificSource Customer Service team at 1-888-977-9299 or the Division of Financial Regulation at 1-888-877-4894 or at dfr.oregon.gov. For group health coverage subject to ERISA, you can also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-977-9299.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby						
(9 months of in-network pre-natal care and a hospital						
delivery)						
■ The <u>plan's</u> overall <u>deductible</u>	\$100					
■ <u>Specialist</u>	10% co-insurance					
<ul><li>Hospital (facility)</li></ul>	10% co-insurance					
■ Other	10% co-insurance					
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### I his EXAMPLE event includes services like:

Specialist office visits (prenatal care)

Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

# **Managing Joe's type 2 Diabetes** (a year of routine in-network care of a well-controlled condition)

\$100 ■ The plan's overall deductible Specialist 10% co-insurance Hospital (facility) 10% co-insurance Other 10% co-insurance

## This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$100
■ Specialist	10% co-insuran

■ Hospital (facility) 10% co-insurance Other 10% co-insurance

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	\$12,700	<b>Total Example Cost</b>	\$5,600	<b>Total Example Cost</b>	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		<u>Cost Sharing</u>	
<u>Deductibles</u>	\$100	<u>Deductibles</u>	\$100	<u>Deductibles</u>	\$100
Copayments	\$100	Copayments	\$400	Copayments	\$300
Coinsurance	\$1000	Coinsurance	\$200	Coinsurance	\$400
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$1,260	The total Joe would pay is	\$720	The total Mia would pay is	\$800

The plan would be responsible for the other costs of these EXAMPLE covered services.